

DELEGATE LIST OF ITEMS TO PACK FOR CAMP

Please Read Carefully!!!!

1. Inside of the sleeping rooms you will find only bunk beds. Therefore it is important for you to bring either a sleeping bag or blanket. A pillow and linen for your bed should also be brought. Each room has electrical outlets which can be used for alarm clocks, etc. For added comfort it would be a good idea to bring a small oscillating fan along with a short extension cord.
2. The bathroom facilities are all contained within the same building as the sleeping rooms. Each bathroom has shower stalls with curtains for privacy. The bathroom also has plenty of sinks, toilets, and mirrors. Please don't forget to bring your own bathroom articles and towels. The only thing provided by the camp is toilet paper.
3. Even though the days may be warm, the evenings may be chilly. Therefore a light jacket may be needed. It is not uncommon for there to be afternoon and evening thunderstorms.
4. Pine Summit is a large facility, as a result we recommend that you bring a flashlight which will help you get around at night.
5. While being comfortable is important, we recommend that you bring at least 2 pair of sturdy and durable shoes. Flip flops are not recommended.
6. Please do not forget to bring any medications, inhalers, etc. that are necessary for your health and well being. A registered nurse will be on site and available for most of your healthcare needs.
7. On the last evening of the camp, we will be having a "CARTOON THEMED BANQUET" and we encourage all staff and delegates to dress in costumes that match this theme. All attire must be within reasonable school dress code standards.
8. Delegates are discouraged from bringing boom boxes, portable CD & DVD players, iPods, Game Boys, cellular phones, and lap top computers. Please be aware that if these items are brought to camp, AASC and Pine Summit accepts no responsibility if they are lost, stolen, or damaged. (Cell phone reception at Pine Summit is very poor and Wifi is not available)
9. Pine Summit has agreed to open their "snack bar" during certain times. The snack bar sells a variety of munchies. Even though all your meals are provided, you may wish to bring some extra money to purchase snacks. Regular mealtimes are: 8:00am, Noon, 5:30pm.
10. Being that this is a leadership training camp, we encourage all delegates to bring with them any inspirational or motivational books, poems, quotes etc. These will enhance the overall program and can be used for group presentations.
11. Auditions for the Camp Talent Show will be held at some point during the camp. If you have a talent (singing, dancing, etc.) you may audition for the Talent Show. However it should be known that not all who try-out are selected to perform.
12. It is a good idea for you to bring a notebook, and something to write with this way you can jot down any great ideas that you learn.
13. Please keep in mind that you will need to pack enough clothing for 5 days. All delegates will be given a Camp-T-shirt upon arrival. Remember that reasonable standards of dress similar to most school dress codes will be enforced. Dress accordingly.
14. Though it is cooler in the mountains, it is easy to become dehydrated. Drinking plenty of water will prevent this from happening and keep you feeling good, therefore it would be a good idea to bring with you a refillable water bottle.
15. It is important that you label all your items with your name and phone number. You will be staying in somewhat close quarters so labeling all your items will help them from getting lost or misplaced.
15. Most importantly you will need to bring a positive attitude and an open mind and be ready for an experience that you will not only learn and grow from, but one that you will remember fondly.

CHECK LIST OF ITEMS TO BRING TO CAMP

- | | |
|---|---|
| <input type="checkbox"/> Emergency Medical Form | <input type="checkbox"/> Small Oscillating Fan (with name on it) |
| <input type="checkbox"/> Signed Photo Release Form | <input type="checkbox"/> Refillable water bottle (with name on it) |
| <input type="checkbox"/> Signed Delegate Participation Form | <input type="checkbox"/> Cartoon Theme Outfit/Costume for Banquet |
| <input type="checkbox"/> Sleeping bag/blanket & linen | <input type="checkbox"/> Extra Money for Snack Bar - optional |
| <input type="checkbox"/> Pillow | <input type="checkbox"/> Inspirational Books/Poems/Quotes |
| <input type="checkbox"/> Alarm Clock (with name on it) | <input type="checkbox"/> Notebook Paper/pen |
| <input type="checkbox"/> Wrist Watch | <input type="checkbox"/> Sun screen / sun block |
| <input type="checkbox"/> All personal Bathroom Items (soap, toothpaste, etc.) | <input type="checkbox"/> Bug spray – Mosquito repellent |
| <input type="checkbox"/> Towels & Washcloth | <input type="checkbox"/> Hat or cap |
| <input type="checkbox"/> Light Jacket or Sweatshirt | <input type="checkbox"/> Camera (with name on it) |
| <input type="checkbox"/> 2 Pair of sturdy comfortable shoes (no flip flops) | <input type="checkbox"/> Medications if needed / inhalers |
| <input type="checkbox"/> Flashlight (with name on it) | <input type="checkbox"/> Clothes for 5 days (typical school dress code appropriate) |
| <input type="checkbox"/> Optional – Talent Act for show | <input type="checkbox"/> Positive attitude & open mind |